

**Osage County
Phase II
Reopening Mitigation Advisory #2**

June 16, 2020 through July 31, 2020

Advisory extended through October 6, 2020

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Osage County Health Department (OCHD) recognizes the unique aspects of its various-sized business owners. As we are a smaller county, OCHD drafted a Phase II Reopening Advisory that can easily be scaled, edited, or amended as required by future Governor's Orders, or as needed to meet our specific needs. Osage County needs a model that addresses the issues of the businesses in the county that allows them to reopen while protecting the consumers, visitors, and citizens of the county at the same time.

The Administrator of the Osage County Health Department, finding it necessary to protect public health and prevent the further spread of COVID-19, pursuant to the authority granted under section 192.020, RSMo, and 19CSR 20-20.040, hereby order that Osage County will follow the order set forth by Director Williams.

Individuals are strongly encouraged to continue to practice social distancing when leaving their homes and to continue to practice hand and respiratory hygiene and to wear a mask when out in public whether inside a business or around other people. Individuals are encouraged to remain at home if ill and not venture out in public-particularly around others. Personal responsibility includes not only making sure that you are doing things to keep yourself safe, **BUT** also includes respecting the rights of others to be safe and healthy also. This needs to be emphasized and reinforced with children who do not have the maturity level to necessarily make good decisions and will continue to need guidance and supervision of parents/guardians/other adults. Individuals who venture outside of the immediate central Missouri area especially if not work related are strongly encouraged to self-quarantine for 2 weeks upon return. This includes attending high risk behavior events where social distancing was not practiced.

As business guidance in the state order are broad and open to interpretation, this Advisory provides guidance for various business types for phase II. Businesses are encouraged to continue to minimize employee travel for work during this second phase and to continue to allow employees to work from home if at all possible. All guidelines specify social distancing to be continued, in addition to best practices of hand and respiratory hygiene, and disinfection of surfaces. It is incumbent upon business owners to determine how to best reopen and/or continue business in a manner that is most beneficial and safe for the owner, staff and customers/consumers during this first phase of reopening. Successful reintegration into best business practice will require consumer confidence that it is safe to enter into the business with assurance that there will be low risk for exposure to COVID-19 or other communicable diseases while in the building. It is important that customers be aware of the steps that your business is taking to provide protection to them while in your business. It is also important for you, as a business owner and for your employees to understand your liability to keep your staff and customers safe with minimal potential for exposure to COVID-19 or other communicable diseases.

It is advisable to check with the federal or state guidelines for your industry in regards to specific recommendations for safety and best practice to keep you, your staff and your customers safe in your business setting. It is also recommended that you check with your insurance provider to determine if your insurance policy has specific rules to minimize your liability. It is strongly recommended that businesses maintain COVID-19 policies that your business currently has in place during this transition period to assist in minimizing a potential for another surge of COVID-19.

Phase II Reopening Advisory: Gyms & Fitness Centers

The Osage County Public Health Authority/Officer, **recommends** that facilities:

- Provide hand sanitizer stations throughout the facility.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Enforce social distancing of 6 feet, space equipment accordingly.
- Prohibit social gathering of >10 individuals in a group. Gym may operate at 50% capacity of fire code.
- Limit group activities including the use of the pool, locker rooms, & showers.
- Disinfect gym, frequently touched surfaces, objects, & work-out equipment after use.
- Provide masks for staff. Patrons are encouraged to wear their own masks.
- Adequate staff must be present to enforce the above requirements if the facility operates 24 hours per day.
- Inform the patrons and staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Hair Salons & Barber Shops, Nail Salons, Tanning Centers, Massage, Esthetician, Spray Tan or Body Art Salons

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Provide hand sanitizer at each station and at the reception desk.
- Ensure a sink with soap and water is available; ample fresh towels/paper towels.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Enforce social distancing of 6 feet, space stations accordingly. This may include alternating work times.
- Disinfect station counters and work areas after each use.
- Staff wear masks &/or face shields; Patrons are encouraged to wear their own masks, if compatible with services being provided.
- Ensure staff wash hands or sanitize before and after each client interaction.
- May operate at 50% capacity for phase II.
- Inform the patrons and staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Public Library/College

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Provide hand sanitizer at key locations in the buildings and at check-out/information desk(s).
- Screen all employees/patrons/students for symptoms (fever >100.5, coughing, sneezing) prior to entering.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Allow 50% of facility maximum capacity.
- Enforce social distancing of 6 feet; space visitor desks/seating and computer lab seating accordingly.
- Prohibit social gathering of ≥ 10 individuals in a given area of the facility at a time.
- Prohibit non-organization group meetings and story time. Returned books: allow to dry for 24 hours before shelving.
- Disinfect videos cases, keyboards, and counters after visitor handling and upon item returns.
- Approximately 50% of meeting rooms' capacity can be used; must disinfect after each use.
- Staff to wear masks and gloves; patrons are encouraged to wear their own masks.
- Ensure staff sanitize/wash hands before and after each visitor interaction.
- Inform the patrons and staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Video Rental Stores

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Provide hand sanitizer at the entrance and at each check out.
- Prohibit social gathering of >10 individuals/group in the facility at a time.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the facility.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Disinfect counters after each use.
- Staff to wear masks; Patrons are encouraged to wear their own masks.
- Ensure staff wash hands before and after each client interaction.
- Disinfect counters and client stations after each use.
- Ensure staff wash hands before and after each client interaction; mask use optional.
- Inform the patrons and staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Retail Stores and indoor events such as craft fairs

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Provide hand sanitizer at the entrance(s) and check-out counter desk.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the store/shop.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Enforce social distancing of 6 feet; space free-standing merchandise racks accordingly.
- Prohibit social gathering of >5 individuals/group in the facility at a time. Occupancy of no more than 50% or less of building code occupancy for square footage of 10,000sf or less; or 25% or less of building code occupancy for square footage of 10,000sf or more.
- Disinfect counters and client stations after each use.
- Staff to wear masks; patron are encouraged to wear masks.
- Ensure staff wash hands before and after each client interaction.
- Inform the patrons and staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Country Clubs & Golf Courses

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Provide hand sanitizer throughout the facility.
- Ensure a sink with soap and water is available; ample fresh towels/paper towels.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Allow 50% of facility maximum capacity.
- Enforce social distancing of 6 feet.
- Prohibit social gathering of >25 individuals in the facility at a time in a given area.
- Disinfect counters, golf carts and frequently used/touched surfaces.
- Staff and visitors will wear masks, if desired.
- Ensure staff wash hands frequently.
- Inform the patrons and staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Playgrounds

The Osage County Public Health Authority/Officer recommends Playgrounds can open, but strongly encourages families to ensure that their children use hand sanitizer and/or wash their hands prior to and after playing on any playground equipment.

- Enforce social distancing of 6 feet.
- Mask use is strongly recommended at all times, but especially around other non-family.

Phase II Reopening Advisory: Garage, Yard, & Rummage Sales

The Osage County Public Health Authority/Officer **recommends** hosts to:

- Have hand sanitizer available for use upon patron's request.
- Enforce social distancing of 6 feet, space tables with merchandise accordingly.
- Prohibit social gathering of >25 individuals at a time per house address.
- Disinfect counters and items frequently.
- Inform the patrons and staff of hygiene and disinfection measures being taken.
- Masks use by the hosts; Patrons are encouraged to wear their own masks.

Phase II Reopening Advisory: Flea Markets & Swap Meets

The Osage County Public Health Authority/Officer **recommends** hosts to:

- Have hand sanitizer available for use upon patron's request.
- Enforce social distancing of 6 feet, space tables with merchandise accordingly.
- Prohibit social gathering of >25 individuals at a time per seller/vender.
- Disinfect counters and items frequently.
- Inform the patrons and staff of hygiene and disinfection measures being taken.
- Masks use by the hosts; Patrons are encouraged to wear their own masks.

Phase II Reopening Advisory: Festivals, Fairs, Sports & Other Outside Community Events

The Osage County Public Health Authority/Officer **recommends** hosts to:

- Have hand sanitizer readily available for use around the venue with signage encouraging frequent use.
- Enforce social distancing of 6 feet, space tables with merchandise accordingly.
- Prohibit social gathering of 10 or more individuals in a group at a time.
- Sports that have close face-to-face contact are discouraged during this phase.
- Disinfect counters and often used items frequently.
- Restrooms should have signage encouraging social distancing as well as hand washing directions.
- Remind adults to frequently reinforce social distancing and hand and respiratory hygiene to children.
- Inform the patrons and staff of hygiene and disinfection measures being taken.
- Masks use by the hosts; Patrons are encouraged to wear their own masks.

Phase II Reopening Advisory: Places of Worship

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Provide hand sanitizer stations throughout the facility.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists. Post social distancing reminders of doors, on video screens and make announcements.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Allow a facility maximum capacity of 50% of seating capacity. It may be necessary to add additional service times or open fellowship halls for seating with video screens or continue with alternative means of offering services. A special service time for the elderly and “at risk” parishioners is a good option. Drive-in services, televised, services or internet services during this time also remains good options and may make people feel more comfortable.
- Families must sit together as a family group, but at least 6 feet from other families. Hugs and hand-shakes should be strongly discouraged for at least the next few weeks.
- Disinfect frequently touched surfaces such as door handles and the tops of the backs of pews after each service.
- Provide masks for staff. Church goers are encouraged to wear their own masks.
- Nursery or children’s church ministries limited to 10 or less during this time period.
- Use a “GIVING BOX” at the entrance/exit or have one person holding the collection plate at all times rather than passing the offering plate.
- Recommended that individual communion packets be used for communion.
- Recommended to shorten the service time to 45 minutes or less to cut down exposure time and to decrease the number of people needing to use the restroom.
- Post signage in the restroom stressing the need to thoroughly wash hands for 20 seconds. When finished, wipe down the faucet handles and doorknob with a clean paper towel before disposing of it.
- Discourage use of water fountains and holy water vessels.
- Inform the patrons and staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Restaurants, Dining Rooms, Bars and Pubs, Coffee shops

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Have proper spacing of tables so that patrons at one table are sitting at least 6 ft from someone at another table.
- No more than 10 people at a common group/table.
- Continued use of drive through, pickup or delivery is encouraged.
- Regulate how many people can be at a self-serve station such as a salad bar at any time.
- Provide hand sanitizer throughout the facility.
- Ensure a sink with soap and water is available; ample fresh towels/paper towels.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the building. This can be signage on all entrances reminding patrons of symptoms they should not enter the premises if they have any of the symptoms.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all staff/visitors name, address, phone, time, & DOS for possible contact tracing.
- Provide masks for employees to wear; Patrons can be encouraged to wear their own masks when not eating/drinking.
- Disinfect common surfaces frequently and after each use such as for tables, chairs, kiosks, booths and tablets, phone, door knobs and bathroom faucets.
- Restroom cleaning schedule should be more frequent.
- Use disposable menus and dispose of after single use or wipe off menu after each use and allow to dry before reuse.
- Inform the patrons and staff of hygiene and disinfection measures being taken.
- Corporate stores may have guidelines from their corporate offices.

Phase II Reopening Advisory: Food Stores and Convenient Stores

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Continue to discourage onsite eating during this second phase.
- Provide hand sanitizer throughout the facility.
- Ensure a sink with soap and water is available; ample fresh towels/paper towels.
- Screen all employees and patrons for symptoms (fever >100.5, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all staff/visitors name, address, phone, time, & DOS for possible contact tracing.
- Provide masks for employees to wear; Patrons are encouraged to wear their own masks.
- Disinfect common surfaces frequently and after each use especially door handles and countertops.
- Restroom cleaning schedule should be more frequent.
- Hand sanitizer or wipes should be available at gas pumps and air pumps.
- Inform the patrons and staff of hygiene and disinfection measures being taken.
- Corporate stores may have guidelines from their corporate offices.

Phase II Reopening Advisory: Waiting rooms, medical, dental, veterinary offices and pharmacy

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Encourage clients/patrons to remain in their car until you call them in.
- Staff should be provided with a mask to wear. Other PPE may be provided dependent upon procedures to be performed. Patrons should be encouraged to wear a mask of their own or one should be offered to them at entry at least until they are placed in a room.
- Provide hand sanitizer throughout the facility, but particularly at the entrance and at the receptionist/checkout desk.
- Screen all employees and patrons for symptoms (fever >100.4, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists if not a medical visit and reschedule as needed.
- Log all staff/visitors' names, address, phone, time and DOS for possible contact tracing.
- Disinfect common surfaces frequently and after each patient use.
- Pharmacy should encourage use of drive through window especially for ill patrons.
- Inform the patrons and staff of hygiene and disinfection measures being taken.
- Corporate offices may have guidelines from their corporate offices.

Phase II Reopening Advisory: Schools and Child Care facilities.

The Osage County Public Health Authority/Officer **recommends** facilities to:

- Follow guidelines, rules and regulations as set forth by the state orders, DESE and/or the Division of Childcare Regulations.
- Encourage parents to drop children off at the door
- Staff should be provided with a mask to wear.
- Provide hand sanitizer throughout the facility, but particularly at the entrance and at the receptionist/checkout desk.
- Screen all employees and children for symptoms (fever >100.4, coughing, sneezing) prior to entering the building. Staff and children should not be allowed in the building if they are demonstrating any symptoms.
- Log all staff/children's names, address, phone, time and DOS for possible contact tracing.
- Disinfect common surfaces frequently.
- Continue with meal distribution to students who qualify.
- Inform parents and staff of what hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Manufacturing Facilities/Repair Facilities/Construction Industries/Service Industries

The Osage County Public Health Authority/Officer, **recommends** that facilities:

- Provide hand sanitizer stations throughout the facility.
- Screen all employees and vendors for symptoms (fever >100.5, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Take enhanced precautionary measures to mitigate the risks of contracting or spreading COVID-19.
- With warmer weather, un-air-conditioned areas may need ventilation. Confirm that ventilation/fan system is operating within respiratory guidelines for your industry.
- Prohibit social gathering of >25 individuals by discouraging crowding at time clocks, staggering breaks and lunchtimes.
- Eliminate group activities.
- Disinfect frequently touched surfaces, objects, & work equipment after use.
- Provide masks for staff.
- Inform the staff of hygiene and disinfection measures being taken.

Phase II Reopening Advisory: Funeral Homes

The Osage County Public Health Authority/Officer, **recommends** that facilities:

- Provide hand sanitizer stations throughout the facility.
- Screen all employees and visitors for symptoms (fever >100.5, coughing, sneezing) prior to entering the building.
- Prohibit entrance to the facility if a symptom(s) exists.
- Limit #of visitors to 50% of capacity for Phase 2 at any time in the building.
- Log all visitors name, address, phone, time, & DOS for possible contact tracing.
- Disinfect frequently touched surfaces, objects, & work equipment after use.
- Provide masks for staff. Encourage visitors to wear masks while in the facility

Phase II Reopening Advisory: Long Term Care Facilities and Assisted Living Facilities

The Osage County Public Health Authority/Officer, **recommends** that facilities:

- Continue to follow the state order.
- Continue current procedures for staff for PPE, resident care and disinfection measures.

Phase II Reopening Advisory: High Risk Populations

The Osage County Public Health Authority/Officer, **recommends** that those considered high risk such as the elderly, those with chronic medical conditions including immunocompromised or those living in group facilities:

- Continue to minimize their time out in public to reduce their risk of exposure to COVID-19.
- Wear a cloth mask or other type of mask recommended by their health care provider when going out in public.

Phase II Reopening Advisory: Travelers

The Osage County Public Health Authority/Officer, **strongly recommends**, that those citizen who travel from Central Missouri self-quarantine themselves for 2 weeks upon reaching their travel destination and then self-quarantining themselves for 2 weeks upon their return to Central Missouri. These recommendations should be taken into consideration when planning vacations for timing in regards to returning to work or to school to minimize potential exposure to others who may be considered high risk. It is recommended that a mask be worn when out in public to prevent the potential spread to yourself or to others as it has been determined that up to 35% of those infected with COVID-19 have no symptoms.

Whether a business owner, individual or patron of a business, you are encouraged to contact the health department for clarification of anything on this Advisory. The State Phase II orders will take precedence over this order if deemed more restrictive than what is in the Osage County Health Department Advisory. This is an Advisory for Best Practice to minimize exposure to COVID-19 or other communicable diseases. If it is deemed necessary at any time during this phase, this Advisory can be changed and/or updated to reflect the needs of the current situation. Reports of disregard for the Osage County Advisory or of the State Order will be investigated promptly by Osage County Health Department staff with recommendation, as determined to be necessary, to the County Prosecuting Attorney for violation of state law pursuant to the authority granted under section 192 .020, RSMo, and 19CSR 20-20.040.

ISOLATION AND QUARANTINE RESPONSIBILITIES

OSAGE COUNTY HEALTH DEPARTMENT

- **Case**
 1. Investigate Cases within 24 hours of receiving the referral.
 2. Maintain confidentiality per guidelines for communicable disease investigations.
 3. Provide education on the disease including transmission, communicability, and length of isolation/quarantine and prevention of further transmission.
 4. Provide education on what is entailed with isolation/quarantine and projected length of time for the isolation/quarantine.
 5. Email, fax, regular mail or text a picture of the order of isolation/quarantine to the individual or for a household group as requested. This provides documentation for the individual as well as

their employer or school if documentation is needed that the individual can forward onto the employer or school as proof of quarantine. The health department can also fax or email this directly to an employer or school as requested.

6. Provide health department contact number or information for the individual should they have questions/concerns.
7. Complete paperwork thoroughly and legibly.
8. Monitor Case via phone, text, email or preference agreed upon with individual on the schedule agreed upon.
9. When isolation/quarantine is complete, send release from isolation/quarantine document per preferred method.

- **Contact**

10. Follow up with identified close contacts dependent upon the type of disease investigation who were identified as exposed to the case.
11. Maintain confidentiality per guidelines for contact investigations.
12. Provide education on the disease including transmission, communicability, and length of isolation/quarantine and prevention of further transmission.
13. Email, fax, regular mail or text a picture of the order of isolation/quarantine to the individual or for a household group as requested.
14. Provide contact number or information for the individual should they have questions/concerns.
15. Complete paperwork thoroughly and legibly.
16. Monitor Contacts via phone, text, email or preference agreed upon with individual on the schedule agreed upon.
17. When isolation/quarantine is complete, send release from isolation/quarantine document per preferred method.

PERSON UNDER INVESTIGATION (CASE/CONTACT)

1. Anyone being tested for COVID or another communicable disease should automatically quarantine themselves regardless if having symptoms or not including if being tested in anticipation of a medical or dental procedure. Even if a test comes back negative, it is still important to quarantine until after your medical/dental procedure as it would still be possible to come in contact with COVID or another communicable disease thereby putting yourself and others at risk.
2. If you receive word from your medical provider of a positive result, contact the health department immediately as sometimes we don't get notification as quickly. We know this is an uneasy time for you and we want to answer your questions quickly and accurately.
3. **DON'T** call anyone else until after you have spoken to the health department first. We can help you identify who is **actually** at risk due to exposure to the disease. Not everyone is considered at high risk and we may be delayed in doing prompt follow up with the people we really need to talk to, if we are busy fielding phone calls from people who did not have a high risk exposure or an exposure at all.

4. If you have potentially exposed anyone at your work or daycare and you don't have phone numbers (and in some cases, names), you may be asked to contact your employer's human resource department or your daycare center to notify of the exposure and when this might have occurred (date, time, location and length of time) so that the health department can contact human resources or the daycare to obtain the contact information needed to allow us to reach out to these at-risk individuals.
5. If you live with another person(s), it is best to isolate yourself preferably in a bedroom with separate bathroom for the time of your isolation/quarantine. If your household hasn't contracted the disease yet from you, it will help lessen their exposure for the remainder of your communicability period.
6. Wash or use hand sanitizer frequently to lessen the potential for spread.
7. Wear a mask if you do need to be within less than 6 feet of a household member.
8. Increase disinfection of hard surfaces. Covid and other viruses can remain in the air hanging on droplets for several hours before falling onto hard surfaces where they can continue to live for some time. This can include, tables, counters, phones, cellphones, computer keyboards, door knobs, faucet handles, etc.
9. Please answer the phone or return calls as quickly as you can when the health department calls. We need to check to see how you are feeling and we are checking to see if you have any unmet needs that we might assist with, as well as answering any questions you might have.
10. It's okay to go outside and enjoy the weather when appropriate. We just ask that you stay away from any household members who might be with you. No one else except household members should be at your residence during this time.
11. Outdoor activities such as gardening, farming, taking care of your livestock is fine. If you share duties with others, please just disinfect commonly used surfaces after use such as steering wheels on tractors.
12. It is okay to go for a drive by yourself if you are starting to go stir crazy. I recommend having the windows down while you are driving or wipe the interior down after you get back. DO NOT go into any buildings or visit anyone if you are out.
13. If you do need to call 911 for an emergency, identify yourself or the person you are calling on behalf of, as a case or contact to a case so that EMS, fire or law enforcement can be prepared to have the appropriate protective gear on such as a mask. Per State of Missouri Health Department Director, the address of the case/contact is listed with the 911 director. Only the address is identified so that if the address pops up on the call, the 911 staff is alerted to notify the responding agency. The address is removed as soon as the order of isolation/quarantine is lifted.
14. It is important for CASES to continue to practice the precautions that we ask everyone to do. It is not determined how long someone might have immunity to COVID or other diseases and it is still possible to pick up the live virus or germs on your hands, touch something that someone else touches and thereby give them the disease through this type of transference.
15. It is important for CONTACTS to continue to practice precautions as it is still possible to pick the disease up later or again, be identified as a close contact to another case. We have had a few instances of this happening to individuals.

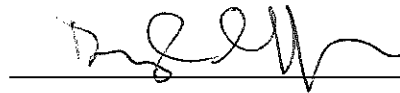
GENERAL PUBLIC

1. Continue to social distance 6 feet or more. Don't deliberately put yourself and others at risk no matter what the age.
2. Wear a mask when you can't social distance and in public buildings like stores.
3. Increase your disinfection routine of hard surfaces at home, at work and in your car.
4. Don't go out if you are sick! Call your health care provider if you experience any symptoms of COVID or any other communicable disease. Let them determine if you need to be tested.
5. Treat anyone outside of your own household with caution. Yes- even your own mother!
6. If you do have to travel outside of the immediate area, please use precautions and ideally, you should quarantine yourself for 10-14 days upon your return home.
7. Get a flu shot and check to see if you are due for any other vaccines for your age and get those that are identified as needed. Be proactive in protecting your health and that of others. If you have protection for a disease because you had the vaccine, then you are less likely to be able to bring it home to a loved one.

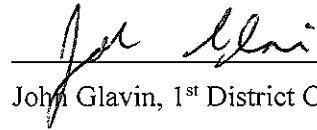
A CLOSE CONTACT IS IDENTIFIED AS SOMEONE WHO HAS HAD PHYSICAL CONTACT WITH A CASE SUCH AS A KISS, HUG OR HAND SHAKE OR WHO HAS BEEN IN CLOSE PROXIMITY (6 FEET OR LESS) FOR 15 MINUTES OR MORE. THIS MAY BE DEPENDENT UPON WHERE THE EXPOSURE OCCURRED (I.E. OUTSIDE VERSUS INSIDE A CAR).



Susan Long, RN/Administrator



Darryl Griffin, Presiding Commissioner



John Glavin, 1st District Commissioner



Larry Kliethermes, 2nd District Commissioner



